



SUMMER INTENSIVE PROGRAM DRESS CODE

The dress code for the Summer Intensive Program has been established for the teachers' and students' benefit. Proper dress code allows teachers to identify students' bodies in order to address alignment, posture, and presence. We ask for cooperation from both teachers and students in regards to enforcing the dress code. Please label all items with your students' name.

Shoes:

* Students must bring Ballet, Pointe, and Jazz shoes. Capezio Foot Undeez are acceptable for Modern dance classes if a dancer choose not to go bare foot.

Hair:

* Hair should be neat and secure in a bun for all classes. At the instructors discretion, students may have their hair down for Pilates & Hip-Hop.

Ballet Classes:

* Ladies must wear a solid color leotard, pink tights, and pink ballet slippers (Canvas or leather are accepted.). Footed or convertible tights free of holes, rips, and tears. Tights must stay over the foot while in ballet class.

* Skirts are for pointe and variations class only.

* Men must wear white, fitted T-shirts, black tights/leggings, and ballet slippers (Canvas or leather are accepted.) For all other classes, Men may wear whatever is comfortable yet neat and fitted.

Modern, Hip-Hop and Additional Classes:

* Students may wear a leotard and tights of any color.

* Dance pants/Capri pants are acceptable for Modern, Hip-Hop & all other classes.

* No bulky oversized t-shirts allowed.

* Clean tennis shoes for Hip-Hop with non-marking soles

* Students must provide their own Pilates mat or towel

* Theraband or exercise band in blue "extra heavy weight"

* Waterbottle